

**GOOD HEALTH + GOOD READING + GOOD FOOD = A BETTER YOU**



*It's time for the **WHOLE** family to get **HEALTHY** in **Body, Mind & Spirit.***

*This year's it's easy to get it together with **2 FREE** annual events at **1** location:*

**State Senator Mattie Hunter's  
3rd Legislative District  
Fourth Annual Health & Fitness Fair**

- School Physicals  
(Bring Immunization Record)
- Health Screenings  
(Diabetes, Blood Pressure, etc.)
- AIDS information
- Wholistic Health Information
- Jazzercise
- Women's Workout World
- Magician
- Eye Examinations

**Institute for Positive Living's  
Off the Page  
Reading Festival 2007**

- Visit our Open Book Literacy Village
- Learn how to create your own book
- Classes on writing poetry, lyrics & short stories
- Reading games
- Meet famous writers
- Fairy Tale Jeopardy
- Story Tellers
- Prizes!, Prizes!, Prizes!



*Free Food*

*Free Books*

*Free School Supplies*

*Raffles and Give-Aways*

**Saturday, August 4, 2007**

**10:00 am - 2:00 pm**

**Illinois Institute of Technology  
(The Field North of Crown Hall)**

**33rd and State St.  
Chicago, IL 60616**

For additional information, call the 3rd Legislative Office at 312-949-1908.

**P R E S E N T E D   B Y**

**State Senator  
Mattie Hunter  
3rd Legislative District**



**Illinois  
Institute of  
Technology**